

Summary of CYSA Rules for U11/U12

Player Equipment: Players are to wear a basic uniform to include shorts, provided jersey shirt, soccer cleats, shin guards and socks long enough to cover the shin guards. Size 4 ball. No jewelry of any kind may be worn. A medical bracelet is not considered jewelry. Casts are permitted with proper club approval. The cast should be wrapped in some sort of soft material. If a referee is assigned, they should inspect and will have final authority regarding whether a protective device/cast can be safely worn during a game. While a referee will check players' equipment, it is the coach's responsibility to ensure their players' equipment is proper.

Referee: As much as possible, Certified Referees are provided by CYSA. In the event there is no referee, the home team shall supply the referee for the first half of the game and the away team shall supply the referee for the second half. The referee will inspect all players' equipment prior to the game and make sure there is no jewelry worn.

Coaches/Spectators: Coaches are responsible for the conduct of their players and spectators including but not limited to foul or abusive language, both on and off the field. The coach's tone of voice is to be informative, and no coach is to make derogatory gestures or remarks to the referees, players, or spectators. Spectators are expected to express PRAISE ONLY for players and referees. Coaches shall ensure spectators, as well as players not on the field, stay 2 yards behind the touchline. No coach, player, or spectator will be allowed behind the goal line during the game. Coaches and players from both teams are to be on one side of the field, while spectators are on the opposite side.

Goal Kick, Corner Kick and Goalkeeper:

- A goal kick will be taken by the defending team anywhere within or along the goal box when the whole of the ball passes over the goal line, on the ground or in the air, and was last touched by an offensive player and a goal is not scored. The ball is in play when it is kicked and clearly moves. Opponents must be outside the penalty box until the ball is in play. Players from the defending team may be in, and receive the ball in, the penalty box.
- A corner kick will be taken by the offensive team anywhere within the corner arc, including the corner arc line, when the whole of the ball passes over the goal line, on the ground or in the air, having last touched a player of the defensive team, and a goal was not scored.
- The goalkeeper may pick up the ball anywhere within the penalty box. The goalkeeper may put the ball in play by rolling, throwing, drop kicking/punting, or placing the ball on the ground. Bouncing the ball is not considered putting the ball back into play.
- If the goalkeeper has control of the ball, other players may not attempt to play the ball. Contact with the goalkeeper in the goal box is not allowed.

Throw-Ins: A throw-in is awarded to the opponents of the player whom the ball last touched when the whole of the ball passes over the touchline, on the ground or in the air. Both feet should remain on the ground and the ball should be thrown with two hands over the head. A throw-in done improperly will be called by the referee and a throw-in will be awarded to the other team; throw-ins will not be retaken when improperly done.

Game Play, Time and Substitutions: Games will consist of TWO 30-minute halves. Each team will play with 9 players on the field at a time for a 9v9 game. Substitutions shall be permitted on any dead ball (before a goal kick, before a throw-in, after a goal, after an injury, at halftime or any other time the referee stops play). The referee should be made aware of any intent to substitute before substitution takes place. The referee should be specifically notified of a goalkeeper substitution. Each player that is suited up will play approximately one half of each half of the game except for disciplinary reasons and under the guidance of the member club.

Fouls and Misconduct, including Offside:

- Deliberate heading is not allowed. Hand balls will be called when they are deliberate, give the team an advantage, or are a result of the player making their body unnaturally bigger.
- Offside offences will be called according to FIFA rules.
- Excessive pushing or dangerous play is not allowed.
- Indirect, direct and penalty kicks will be awarded at this age group.
- Yellow and red cards may be given at this age group.